



APPLE SWEETENED DRIED CRANBERRIES

UPC # 94161

NUTRITIONAL ANALYSIS (per 100 grams- unrounded)

August 2016

Calories	311.5
Calories from Fat	6.93
Total Carbohydrates	75.2 g
Sugars	67.46 g
Added Sugar	63.09 g
Dietary Fiber	4.87 g
Protein	0.74 g
Total Fat	0.77 g
Trans Fat	0 g
Cholesterol	0 mg
Moisture	18.0 g
Ash	4.95 g
Vitamin A	< 35 IU
Vitamin C	<1.00 mg
Vitamin D	0 mcg
Calcium	16.7 mg
Iron	<0.248 mg
Copper	0.07 mg
Magnesium	22.4 mg
Niacin	0.40 mg
Phosphorus	57.9 mg
Potassium	642 mg
Riboflavin	0.04 mg
Sodium	9.21 mg
Thiamin	0.02 mg
Zinc	0.06 mg